



Telethon Kids Research Seminars

GUEST SPEAKER:

Dr Rebecca Giallo

Senior Research Fellow

Healthy Mothers Healthy Families

Population Health

Murdoch Childrens Research Institute



“A Stranger In Someone Else’s World” Fathers in the early parenting period

Fathers play a vital role in promoting the health and wellbeing of their children and families. A key focus of our team’s life course epidemiological and clinical research program is to generate the evidence about how to best promote the health, wellbeing and parenting experiences of fathers in the early years of their children’s lives. Our aims are to: (a) better understand what shapes fathers’ experiences of mental health and parenting in the early years, (b) explore the impact of fathers’ mental health on parenting, family relationships, and child health outcomes, and (c) design and evaluate intervention approaches to promote fathers’ wellbeing and parenting in the early years. This presentation will showcase key findings from our research program using both quantitative and qualitative research methods, and will discuss how these findings are informing prevention and early intervention approaches in Australia.

Biography

Dr Rebecca Giallo is a Senior Research Fellow and Psychologist with the Healthy Mothers Healthy Families research group at the Murdoch Childrens Research Institute. She brings over 15 years' experience in life course epidemiological and clinical intervention research focused on promoting the health and wellbeing of children and families. She was awarded an NHMRC Career Development Fellowship this year.

Dr Giallo co-leads the Intergenerational Health Stream which aims to: (1) explore the impact of early life stress on children and families, (2) understand what supports resilience in families experiencing early life stress, and (3) evaluate the effectiveness of clinical interventions to promote intergenerational health and wellbeing.



Friday 26 August 2016



12pm – 1pm Lunch available at 11:45am for those attending the seminar.

RSVP via the calendar invite from Telethon Kids Research Seminars



Telethon Kids Institute Seminar Room