



Telethon Kids

VISITING SPEAKER



Ms Shona Rowan

Maximising Potential and Accelerating Success

INSPIRE · DEVELOP · RETAIN

“The Psychology of Successful Women”

Shona Rowan is a Peak Performance Consultant; Psychologist; NLP Practitioner; and Ex-International Ballroom Dancing Champion. Shona works with organisations including Shell, Citi Bank, DLA Piper, Ashurst, Bird & Bird and CGSH to inspire, develop and retain their talent and maximise business results.

She is passionate about helping people to maximise their potential. This will be an interactive workshop to explore some of the ways women can succeed in highly competitive environments.

Objectives of the workshop

- Discover the psychology of successful women: Strengthen your self-confidence and resilience in the workplace
- Uncover common differences in how men and women think, speak and behave
- Remove unhelpful thoughts and beliefs that could be holding you back from the success you deserve
- Understand the importance of self-promotion and visibility
- Clarify your professional goals
- Develop an action plan to maximise your success



Friday 03 November 2017



1.00pm - 2.30pm



Institute Seminar Room



SAGE

SCIENCE IN AUSTRALIA
GENDER EQUITY